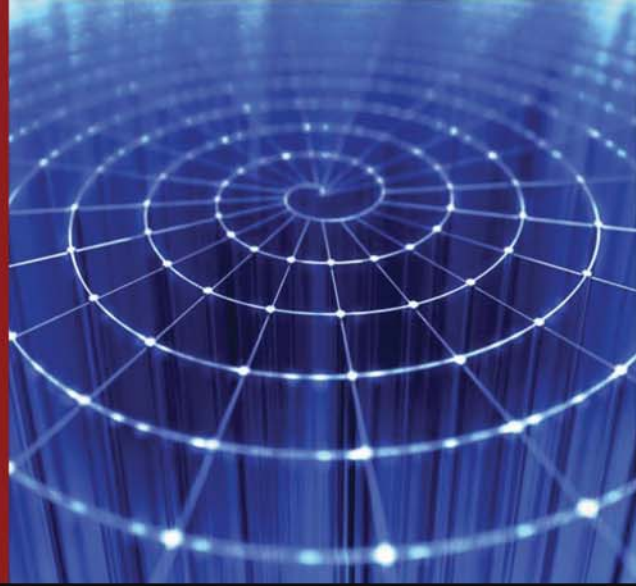


Leading From the Inside Out

How to bring out your best when who you are shapes how you lead.



Is leadership defined by what you do, the role you in, or who you are? How do you bring out your best more often and release the best in your team? It all starts with you.

Leadership isn't just about what we do, it's about who we are, which affects everything we do. This workshop looks at leadership from the inside out, how a leaders perception of themselves and their world is critical to how they will lead. Leaders who perform well on the outside but don't have an ability to develop on the inside lose traction with their teams and don't reach the full strength of their capabilities as a leader. The deepest and most lasting leadership comes from the inside out. It's authentic. It's real. Its an expression of who you really are. Living well at this level of leadership is what creates loyalty, increases performance, and brings out the best in your people.

Enabling people to overcome their limitations- including the messy human contradictions that trouble us all—lies at the very heart of effective leadership.

Harvard Professor of Education Dr. Robert Kegan

This workshop provides participants with an opportunity to:

- Discover their leadership strengths and limitations.
- Apply techniques to increase self-awareness
- Explore strategies to build leadership confidence
- Identify ways to develop a thriving leadership culture

Some of the topics covered:

- The Leadership Quadrangle
- Social and Emotional Intelligence
- Creating leadership cultures
- The role of personality in leaders

WHAT HAPPENS?

The workshop engages with participants in a fun dynamic format, using a range of interactive and motivational techniques to ensure the skills learnt are effective and sustainable.



 **Bridgebuild**

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About your trainer:

Ian is a Coaching Psychologist who specialises in working with leaders. He works with leaders in creating culture by releasing peoples potential and building environments and relationships that bring out the best. Over the years he has worked with 1000's of people from a range of backgrounds as diverse as homeless youth, sports stars, and company directors.